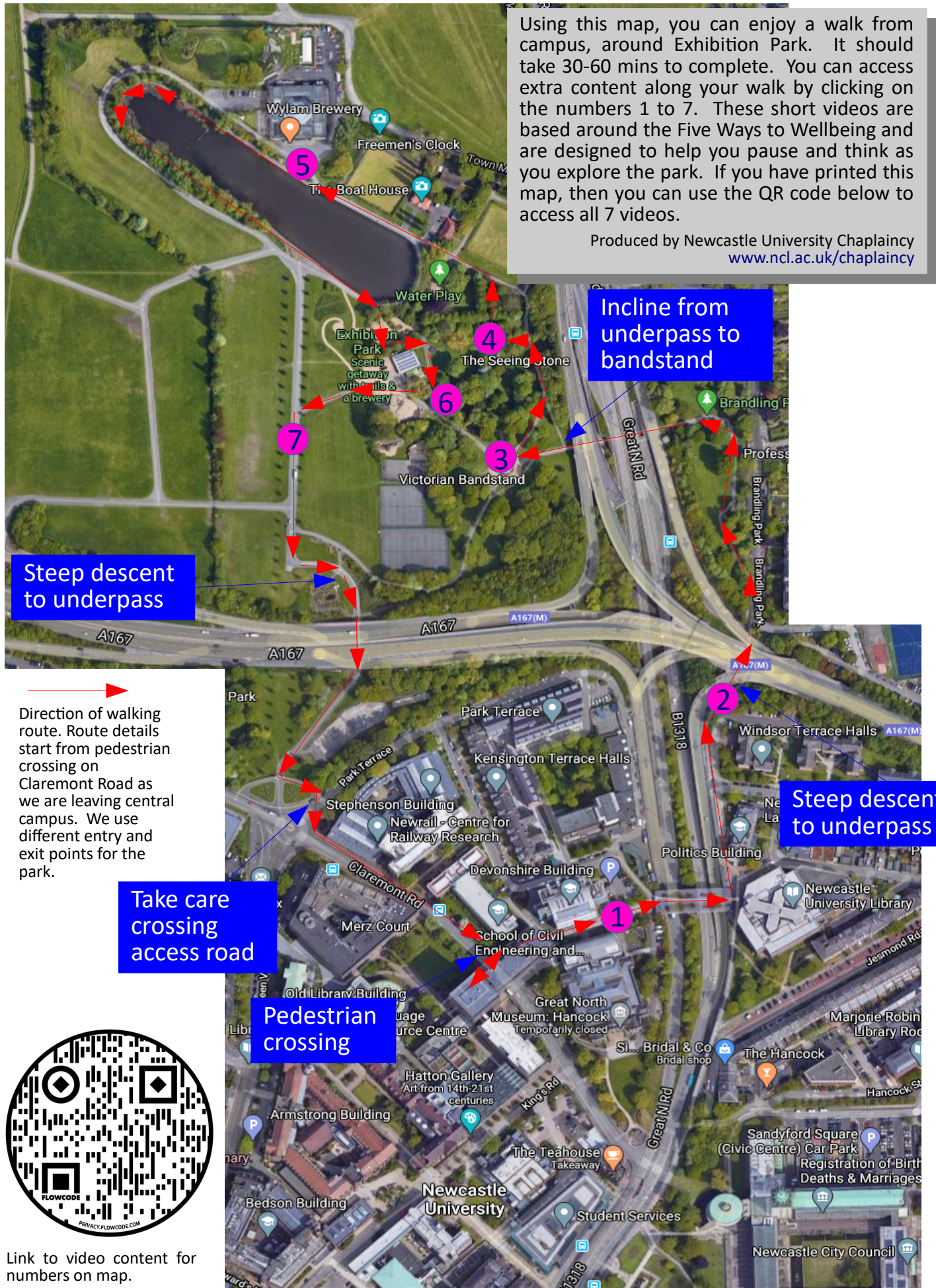


Walk and Talk Virtual – Exhibition Park



Using this map, you can enjoy a walk from campus, around Exhibition Park. It should take 30-60 mins to complete. You can access extra content along your walk by clicking on the numbers 1 to 7. These short videos are based around the Five Ways to Wellbeing and are designed to help you pause and think as you explore the park. If you have printed this map, then you can use the QR code below to access all 7 videos.

Produced by Newcastle University Chaplaincy
www.ncl.ac.uk/chaplaincy

Incline from underpass to bandstand

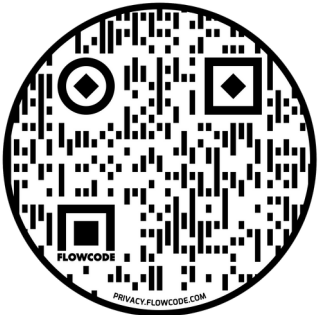
Steep descent to underpass

Steep descent to underpass

Take care crossing access road

Pedestrian crossing

Direction of walking route. Route details start from pedestrian crossing on Clarendon Road as we are leaving central campus. We use different entry and exit points for the park.



Link to video content for numbers on map.